



DR PANAHPOUR  
THE SYSTEMIC DENTIST

## Cardiologist Reveals the Heart Disease / Gum Disease Connection

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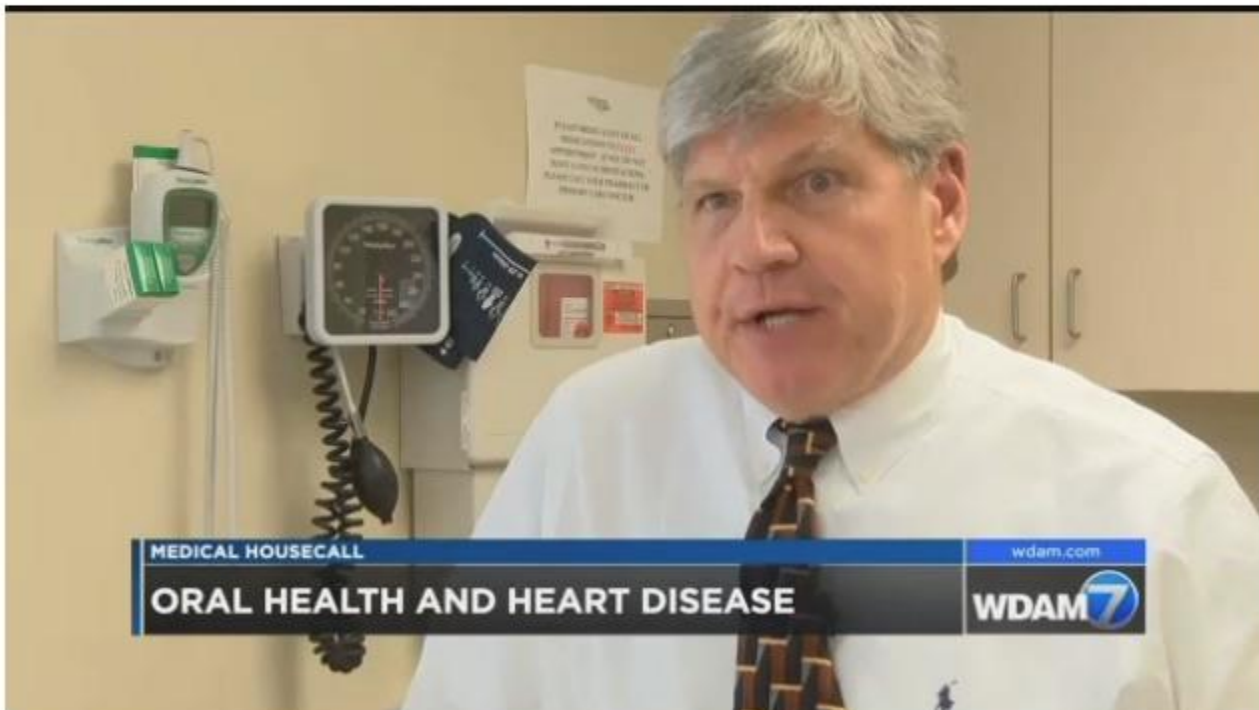
Cardiologist Dr. Dan Skarzynski talks about the heart disease/ gum disease connection in this television interview. The bottom line: oral health has a lot to do with heart health.

# Hattiesburg cardiologist explains gum and heart link

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By Karrie Leggett-Brown, Reporter [CONNECT](#)



"If you have an infection in your gums, that can lead to the development of plaque in your heart," said cardiologist Dr. Dan Skarzynski.

According to Skarzynski, it all has to do with how your body responds to fighting an infection.

"The science behind the heart health/ gum health connection is well documented," said Dr. Panahpour. "It would be 'old news' to scientists but surprisingly, it is still not well-known to the general public. Read some of the studies that support the heart disease / gum disease connection [here](#).

"Those same agents that are fighting bacteria can enter the vessel and go on to form plaque," Skarzynski said.

Skarzynski recommends that "the health of your teeth and gums should be monitored just like your blood pressure or cholesterol when it comes to your heart health."

Systemic Dentist provides a free check for the bacteria associated with both gum and heart disease with every dental cleaning, and a free Dental Cultures for Healthy Hearts screening offered to the public the last Tuesday of every month. Sign up for your first systemic dental cleaning and exam, or ask for a free Dental Cultures for Healthy hearts appointment by calling us at [\(888\) 338-6336](tel:888-338-6336).